

	100m	Senior/U20/U17 Women
14:30pm	1500m SC	U17 Men
14:40pm	3000m SC	U20/Sen Men
14:55pm	3000m	U17/U20/Sen Women
15:10pm	200m	U17/U20/Sen Men
	200m	U17/U20/Sen Men
	200m	U17/U20/Sen Men
	200m	U17/U20/Sen Men
	200m	U17/U20/Sen Men
	200m	U17/U20/Sen Men
15:45pm	200m	U17/U20/Sen Women
	200m	U17/U20/Sen Women
	200m	U17/U20/Sen Women
	200m	U17/U20/Sen Women
	200m	U17/U20/Sen Women
16:10pm	1500m	All Men
	1500m	All Men
	1500m	All Women
	1500m	All Women